



Mga Pampagana

APPETIZERS

Nilasing na Hipon

Native shrimps soaked in wine and deep fried P 130.00

Crispy Kangkong

Water Spinach in deep fried batter P 120.00

Tanigue or Cream Dory fish Kilawin

Slices of mackerel ceviche in vinegar & spices P220.00

Slices of cream dory ceviche in vinegar & spices P 210.00

Baked Tahong or Talaba

Baked Mussels or Oyster w/ garlic and cheese P 170.00

Litson Kawali

Pork Liempo fried in deep hot oil P 215.00

Crispy Fried Itik

Native Duck boiled to tender and deep fried P 200.00

Camaron

Deep fried Shrimps rolled in flour and egg P 205.00

Calamares

Deep fried Squid rings P 215.00

Crispy Walkman

Crispy fried pork ears P 150.00

ENSALADA AT ATCHARA

FRESH SALAD AND PICKLED VEGGIES

Ensaladang Pipino

Sliced Cucumber w/ vinegar, pepper, sugar & salt P 80.00

Ensaladang Mangga

Diced green Mangoes w/ onion, tomato, & shrimp paste P 80.00

Ensaladang Talong

Boiled Eggplant drenched in coconut milk, vinegar & garlic P 85.00

Ensaladang Talbos ng Kamote (seasonal)

Parboiled Camote leaves w/ vinegar, diced tomato & onion P 70.00

Ensaladang Ampalaya

*Mixture of vegetables like radish, eggplant, ampalaya
cooked with vinegar & sugar to taste* P 80.00

Ensaladang Itlog na Maalat

Salted Egg w/ diced tomato & onion P 80.00

Ensaladang Mustasa

*Fresh mustasa leaves with chopped onion
And tomato and bagoong on the side* P 80.00

Ensaladang Labanos

grated raddish with vinaigrette P 90.00



Sabaw – Sabaw

SOUPS



A. SINIGANG: TAMARIND SOUP MIXED WITH MEAT , POULTRY OR FISH

Sinigang na Dalag

Mudfish cooked in tamarind extract and banana heart blossoms

P 70.00 per gram

Sinigang na Kanduli sa Miso

Kanduli prepared as sinigang w/ soybean miso paste & tamarind extract

P 195.00

Sinigang na Kanduli sa Bayabas (seasonal)

Kanduli cooked in Guava fruits

P 195.00

Sinigang na Ulo ng Karpas

Fish head (Carp head) cooked in Guava fruit or tamarind juice

P 180.00

Sinigang na Maliputo

Rare seawater fish cooked in tamarind extract

P80.00 per gram

Sinampalukang Manok

Chicken cooked with tamarind extract and tamarind leaves

P 235.00

Halo-halong Sinigang sa Miso o Bayabas (seasonal)

Mixed fresh water fishes & prawns prepared as sinigang w/ tamarind extract and soybean cake or guava fruits

P 300.00

Sinigang na Hipon *Prawns cooked in Tamarind extract or kamias*

P 245.00

Sinigang na Baka *Beef "Castillas" with tamarind base*

P 300.00

Sinigang na Baboy *Pork cooked tamarind extract*

P 250.00

Sinigang na Manok *Chicken cooked tamarind extract*

P 240.00

Sinigang na Hito *Catfish with tamarind extract*

P 45.00 per gram



B. PESA: PLAIN FISH WITH GINGER, VEGETABLES AND RICE WATER FOR BROTH

Pesang Dalag

Mudfish prepared as pesa

P 70.00/gm

Pesang Kanduli

Kanduli cooked as pesa

P 195.00

C. NILAGA: MEAT STEWED WITH VEGETABLES ADDED

Nilagang Baka *Stewed Beef* **P 295.00**

Nilagang Manok *Stewed Chicken* **P 240.00**

Nilagang Baboy *Stewed Pork* **P 250.00**

D. AT IBA PA

Bulanglang na Tahong

Fresh water Mussels boiled in broth with vegetables **P 180.00**

Bulalo

Beef shanks boiled to tender **P 300.00**

Bouillabaisse

Soup dish of mixed seafood's with green peas and diced carrots **P 310.00**

La Oya

Soup dish from beef shanks or kenchi with vegetables atchuete extract "kanela" & sugar to taste **P 300.00**





Pinasingawan

STEAMED



- Tilapia sa Mayonesa**
Tilapia coated with mayonnaise, grated cheese & carrots **P 70.00/gm**
- Tilapia sa Sampalok**
Steamed Tilapia w/ tamarind fruits **P 55.00/gm**
- Alimasag**
Steamed Crabs **P 220.00**
- Hipon sa Sampalok**
Steamed Prawns w/ tamarind fruits **P 240.00**
- Hipon Halabos sa Mantikilya**
Steamed Prawns w/ butter sauce **P 240.00**

Pinalapot sa Gata

DISHES PREPARED WITH COCONUT MILK

- Ginataang Alimasag**
Crabs cooked in coconut milk & mustard **P 310.00**
- Ginataang Espesyal**
Mixed sea foods in coconut milk **P 330.00**
- Ginataang Kuhol (seasonal)**
Freshwater snails cooked in coconut milk **P 140.00**
- Ginataang Hipon**
Prawns cooked in coconut milk **P 240.00**
- Nag-aapoy na Pata**
Pork legs in coconut milk **P 350.00**
- Adobong Palos sa Gata (seasonal)**
Eel cooked as adobo with coconut milk **P 320.00**
- Adobong Kanduli**
Silver catfish cooked as adobo w/ coco milk **P 195.00**
- Adobong Hito sa Gata**
Fresh catfish cooked as adobo w/ coco milk **P 50.00/gm**

Piling Lutuin

- Ginisang Balaw – Balaw sa Baboy at Talong**
Fermented shrimps sautéed w/ pork and eggplant **P 170.00**
- Ginisang bagoong sa baboy at talong**
Salted shrimps sautéed w/ pork and eggplant **P170.00**



Ginulayan

VEGETABLE DISHES



Kare – Kareng Baka “tuwalya”

Beef tripe stewed in peanut sauce, vegetables served with salted shrimp fry

P 255.00

Kare-Kareng Baka “laman”

Beef chunks stewed in peanut sauce, vegetables served with salted shrimp fry

P 330.00

Kare – Kareng Dagat

Assorted seafood cooked in peanut sauce

P 345.00

Pinakbet Bagnet

Sautéed vegetables, broiled mudfish & Shrimp w/ pork

P 235.00

Ginisang Kangkong

Water spinach sautéed with onion, garlic & seasoned to taste

P 120.00

Adobong Kangkong

Water spinach sautéed w/ pork, vinegar, soy sauce, garlic and pepper

P 145.00

Kangkong Chopsuey

Water spinach cooked as chopsuey

P 190.00

Laing at Gabi

Gabi leaves with pork, shrimp and cooked in coconut milk

P 200.00

Chopsuey

Mixed vegetables sautéed with shrimp, pork liver with thick paste

P 220.00

Kinilaw na Puso ng Saging

Banana heart marinated in vinegar & pork

P 220.00

Pinasingawang Gulay at Bagoong

Steamed vegetables w/ shrimp paste

P 140.00

Bicol Express

Pork cooked in garlic, onions, green and red chili in heavy coconut milk

P 230.00

Rice Steamed white rice

P 20.00

Garlic Fried Rice

Rice sautéed in garlic

P 75.00

Pink Rice

Fried rice with Balaw – Balaw sauce

P 220.00

Chopsuey Rice

Plain rice with Chopsuey topping

P 185.00

Binagoongan Rice

Fried rice mixed with bagoong, seafood, chorizo, onion and garlic

P 230.00

Adobo Rice

Rice with pork cooked as adobo and wrapped in banana leaves

P 90.00

Balaw – Balaw Rice

Fried rice mixed w/ seafoods, chorizo de Bilbao, onion & garlic

P 230.00





MINALUTO



**BALAW
BALAW**

1. **Regular minaluto (one serving)**
One dish meal consisting of steamed rice, mussels, prawn, crab, water spinach, pork adobo tomato and salted red egg
P 250.00
 w/ yellow rice: **P 280.00**
 w/ binagoongan rice: **P 270.00**
 w/ pink rice **P 280.00**
2. **Medium (3-4 serving) steamed rice** **P 970.00**
 w/ yellow rice **P 1,100.00**
 w/ binagoongan rice **P 1,050.00**
 w/ pink rice **P 1,100.00**
3. **Family Size (6-8 Serving)**
One dish meal consisting of steamed rice, squid mussels, prawn, crab, water spinach, fried pork fried chicken, salted red egg, tomato, eggplant, & okra
P 1,200.00
 w/ yellow rice: **P 1,350.00**
 w/ binagoongan rice: **P 1,250.00**
 w/ pink rice **P 1,370.00**

Burong Dalag

Fermented freshwater mudfish cooked in "Angkak" and sautéed in garlic, onion & tomato

P 220.00

Burong Hito

Fermented freshwater catfish cooked in "Angkak" and sautéed in garlic, onion & tomato

P 220.00

Adobong Baboy at Manok

Pork and Chicken stewed in vinegar, garlic, bay leaves and peppercorn

P 240.00

Pinaupong Manok sa Asin

Chicken stuffed w/ tamarind leaves & peppercorn

P 345.00

Dinilawang Palos (seasonal)

Eel cooked in garlic, onions, turmeric & vegetables & seasoned to taste

P 320.00

Sisig Pork

Pork Ears crispy fried minced in onion and mayonnaise and served on sizzling plate

P 245.00

Pinaghugasang Dalag

Broiled Mudfish with broiled rice water, onion, and tomato **P 70.00/gm**



Asadong Itik

Native Duck cooked in sweet sauce

P 240.00

Sweet and Sour Itik

Native Duck cooked in sweet & sour sauce

P 240.00

Kalderetang Baka

Beef stewed in tomato sauce, spice & bell pepper

P 340.00

Kalderetang Itik

Duck stewed in tomato sauce, spice & bell pepper

P 250.00

Ginisang Pagkaing Dagat sa Bawang

Sautéed seafood in garlic

P 320.00

Alimanghang

Crab sautéed in his own fat with chili

P 300.00

Adobong Itik sa Gata

Duck meat cooked as adobo in heavy coconut milk

P 240.00

**BALAW
BALAW**



Ihaw – Ihaw at Prito

GRILLED AND FRIED



| | | | |
|------------------------------------|---------------------|------------|----------|
| Dalag | Fresh water Catfish | P 50.00/gm | |
| Hito | Silver Catfish | P 45.00/gm | |
| Tilapia | Nile Perch | P 45.00/gm | |
| Tahong | Mussels | P 125.00 | |
| Talaba | Oyster | P 135.00 | |
| Baboy | Pork | P 200.00 | |
| Manok | Chicken half/ whole | P 170.00 | P 340.00 |
| Pusit | Stuffed squid | P 230.00 | |
| Talong | Eggplant | P 70.00 | |
| Crispy Pata | Fried pork leg | P 335.00 | |
| Maliputo (seasonal) | | | |
| Rare Fish found only in Taal Lake | | P 75.00/gm | |
| Sari – Saring Inihaw | | | |
| Grilled Meat, Seafoods and Veggies | | P 570.00 | |

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|-----------------------|-------------|----------|
| Manok Lutong Barbekyu | Chicken BBQ | P 120.00 |
| Baboy Lutong Barbekyu | Pork BBQ | P 110.00 |

Pansit at Meryenda

NOODLES AND SNACKS

| | |
|---------------|----------|
| Lomi | P 195.00 |
| Pansit Canton | P 195.00 |
| Pansit Bihon | P 195.00 |
| Pancit mix | P 220.00 |

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|------------------|----------|
| Pansit Sotanghon | |
| a.) May Sabaw | P 220.00 |
| b.) Guisado | P 220.00 |

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|------------------|---|---------|
| Cheese Sandwich | Bread with cheese | P 50.00 |
| Chicken Sandwich | Bread with chicken meat | P 60.00 |
| Egg Sandwich | Bread with mix egg and mayonnaise | P 45.00 |
| Adobo Sandwich | Bread with pork adobo meat | P 55.00 |
| Maruya | Fried banana (saba) with desiccated coconut sugar | P 50.00 |



BALAW
BALAW



Pamatid Uhaw

BEVERAGES

| | | |
|----------------------|------------------------------|-----------------|
| Katas ng Mangga | Mango juice | P 40.00 |
| Katas ng Buko | Young Coconut Juice | P 50.00 |
| Katas ng Pinya | Pineapple Juice | P 40.00 |
| Katas ng Kalamansi | Calamansi juice | P 40.00 |
| Sago at Gulaman | Sago balls and Gelatin | P 45.00 |
| Mainit na Kape | Hot Coffee brewed/regular | P 35.00/P 40.00 |
| Mainit na Tsaa | Hot Tea | P 40.00 |
| Pinalamig na Tsaa | Iced Tea | P 40.00 |
| Pinalamig na Salabat | Iced ginger tea w/ calamansi | P 50.00 |



Gayuma (Aphrodisiac drink)

Coconut meat w/ Pandan juice & grenadine syrup P 65.00

Pandan Tea

Tea made with pandan leaves P 40.00

Apat na Panahon

A mixed of 4 kinds of Juice (4 seasons) P 45.00

Katas ng Malamig na Prutas

Mango, banana or pineapple Shake P 60.00

Guinumis

Gelatin Sago w/ Pinipig & Coconut Milk P 65.00

Balaw-Balaw Punch

Mixed fruit juices w/ sparkling water & grenadine syrup P 65.00



Mga Minatamis

DESSERTS



| | |
|------------------------|--------|
| Sweet Beans | P40.00 |
| Kaong Sweet Palm Nut | P55.00 |
| Leche Flan Egg Custard | P55.00 |
| Nata De Coco | |
| Sweet Coconut Gels | P45.00 |
| Halayang Ube | |
| Sweetened Purple Yam | P55.00 |

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|---|----------|
| Macapuno Preserved sweetened young Coconut meat | P 55.00 |
| Mais Con Yelo Sweet Corn mixed w/ milk & crushed ice | P 70.00 |
| Halo – Halo Mixed sweets w/ milk tapped w/ crushed ice & pop rice | P 100.00 |
| Bucoroco Young coconut with halo – halo & ice cream | P 130.00 |





Mga kakaibang lutuin

EXOTIC DISHES



Soup No. 5

Butt and Balls of cow soup

Sizzling Butt and Balls

Butt and Balls of Cow cooked as adobo **P 235.00**

Sinabawang Balot

Duck embryos cooked with soup **P 220.00**

Sizzling Balot

Duck embryos cooked as adobo **P 235.00**

Tapang Usa or Baboy damo

Cured dried Venison or wild boar **P250.00**



P 250.00



Nilasing na Palaka (seasonal)

Deep fried Frog legs

(marinated in gin)

P 230.00

Adobong Palaka *frog meat stewed*

in garlic, soy sauce and vinegar

P 250.00

Kamaro (seasonal)

Crickets found in rice fields

cooked in garlic and seasoning

P 300.00

Uok (seasonal)

Wood grubs found in fallen coconut trees

cooked as adobo or steamed in tamarind fruit

P 300.00

Bibingkang Abnoy (seasonal)

Spoiled duck eggs cooked in banana leaves

with coriander, tomatoes and onions

P 90.00

Crispy Alagaw Leaves

Herbal mint leaves dipped in batter and deep fried.

can also be eaten with balaw balaw as filling

P 125.00

Pancit –Pancitan Leaves

Prepared as salad or broiled to produce tea

P 80.00

Rose Petal Salad

Rose petals with cucumber, tomatoes and vinaigrette

P 140.00

Bouganville flowers salad

Bouganvilla with cucumber tomatoes and vinaigrette

P 140.00



HAPPY EATING at MABUHAY!!!



**BALAW
BALAW**

